

Canyon REO's Favorites

	DINNERS W/SIDE & DESSERT		BREAKFASTS	LUNCHES
Put-In	Marble Canyon Lodge on your own		Granola, Breakfast Bread, & Yogurt Fresh Fruit, Fresh Juice Coffee, Tea, Hot Cocoa	Deli Lunch Fresh Fruit, Frozen Juice Cookies
Camp 1	Spinach Salad Grilled Fish & Rice Pilaf Baked Brownies	Gr DO	Bagel Breakfast Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Turkey & Cheese Sandwiches Fresh Fruit, Frozen Juice Cookies
Camp 2	Corn Tacos w/ Meat & Cheese Chocolate Dipped Pears		Scrambled Eggs w/ Bacon Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Hummus Pockets w/ Turkey & Veggies Fresh Fruit, Frozen Juice Cookies
Camp 3	Green Salad Chicken Teriyaki & Basmati Rice Chocolate Cake	Gr DO	Granola, Dried Fruit & English Muffins Frozen Juice Coffee, Tea, Hot Cocoa	Curried Chicken Salad Fresh Fruit, Frozen Juice Cookies
Camp 4	Garlic Green Beans Pesto Pasta & Italian Sausage Cheesecake (pre-made)		Yogurt Fruit Salad & English Muffins Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Hiking Lunch Fresh Fruit, Frozen Juice Cookies
Camp 5	Asian Salad Chicken Stir-Fry & Rice Fortune Cookies		French Toast w/ Bacon Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Guacamole & Tortillas Fresh Fruit, Frozen Juice Cookies
Camp 6	Hearty Garden Salad Grilled Steak & Baked Potatoes Peach Cobbler	Gr DO	Lox & Bagels Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Salami & Cheese Frozen Juice Salty Snack Cookies
Camp 7	Zippy Bean Salad Chicken & Veggie Fajitas w/ Rice Strawberry Shortcake		Cereal & English Muffins Fresh Fruit, Frozen Juice Coffee, Tea, Hot Cocoa	Salmon-Veggie Pitas Fresh Fruit, Frozen Juice Cookies
Camp 8	Citrus Salad Vegetable Fettuccine w/ Garlic Bread Cookies		Apple Pancakes w/ Sausage Fresh Fruit, Tang Coffee, Tea, Hot Cocoa	Hiking Lunch Fresh Fruit Powdered Lunch Drink Cookies
Camp 9	Tomato Cucumber Salad Boil-In-A-Bag Dinner (1) Brownies (ready-made)		Cereal & Breakfast Bars Fresh Fruit, Tang Coffee, Tea, Hot Cocoa	Trail Lunch w/ Salami Fresh Fruit Powdered Lunch Drink Cookies
Camp 10	Asparagus Herb-Citrus Chicken w/ Carrots & Couscous Pudding w/ Vanilla Wafers		Oatmeal w/ Raisins and Nuts Tang Coffee, Tea, Hot Cocoa	Roast Beef & Cheese Sandwiches Powdered Lunch Drink Cookies

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Camp 11	Tomato Creole Jambalaya Chocolate Mints		Scrambled Eggs w/ Canadian Bacon Breakfast Fruit, Tang Coffee, Tea, Hot Cocoa	Burrito Bar Powdered Lunch Drink Salty Snack
Camp 12	Veggies & Dip Burgers, Dogs, & Beans Cherry Cheesecake, no-bake	Gr	Oatmeal w/ Raisins & Nuts Tang Coffee, Tea, Hot Cocoa	Ham & Pastrami Sandwiches Powdered Lunch Drink Cookies
Camp 13	Corn Boil-In-A-Bag Dinner (2) Pudding with Vanilla Wafers		Cereal & English Muffins Canned Fruit, Tang Coffee, Tea, Hot Cocoa	Asian Chicken Salad Powdered Lunch Drink Cookies
Camp 14	Lemon Herb Sweet Peas Pineapple Poblano Tacos w/ Beef Oreo Cookie Pie, no-bake		Ham, Eggs & English Muffins Tang Coffee, Tea, Hot Cocoa	Trail Lunch w/ Summer Sausage Dried Fruit Powdered Lunch Drink
Camp 15	Green Beans w/ Walnuts & Onion Seafood Pasta Fruit Salad		Cereal & Bagels Canned Fruit, Tang Coffee, Tea, Hot Cocoa	Tuna Salad w/ PB&J Powdered Lunch Drink Salty Snack
Camp 16	Mixed Vegetables (Non-Perishable) Tamale Pot Pie & Cornbread S'Mores	2DO Fire	Huevos Rancheros Tang Coffee, Tea, Hot Cocoa	Salami & Cheese Sandwiches Powdered Lunch Drink Cookies
Camp 17	Apricot Honey Glazed Carrots Bean & Rice Stew w/ Sourdough Bread Cookies		Bagel Breakfast Canned Fruit, Tang Coffee, Tea, Hot Cocoa	Tuna Salad w/ PB&J Powdered Lunch Drink Salty Snack Cookies
Camp 18	Garlic Green Beans Mediterranean Chicken Penne w/ Garlic Bread Chocolate Mints		Mexican Home Fries w/ Dehydrated Potatoes & Eggs Tang Coffee, Tea, Hot Cocoa	Tuna, Apple, & Raisin Salad Sandwiches Powdered Lunch Drink Cookies
Camp 19	Corn Green Chile Burritos Brownies (ready-made)		Oatmeal, Raisins, & Nuts Canned Fruit, Tang Coffee, Tea, Hot Cocoa	Unbeatable Bean Salad w/ Salami Powdered Lunch Drink Cookies
Camp 20	Easy Antipasto Tortellini Parma Rosa w/ Garlic Bread S'Mores	Fire	Bagel Breakfast Tang Coffee, Tea, Hot Cocoa	Take-Out Lunch— <i>choose Deli Sandwich Lunch or Cold Fried Chicken n' Fixin's.</i>

More days on the river?

Let us know and we can suggest more REO Favorites that are non-perishable and well-liked by past river trips.

Just send us an email at food@canyonreo.com
or give us a call at 1-800-637-4604.